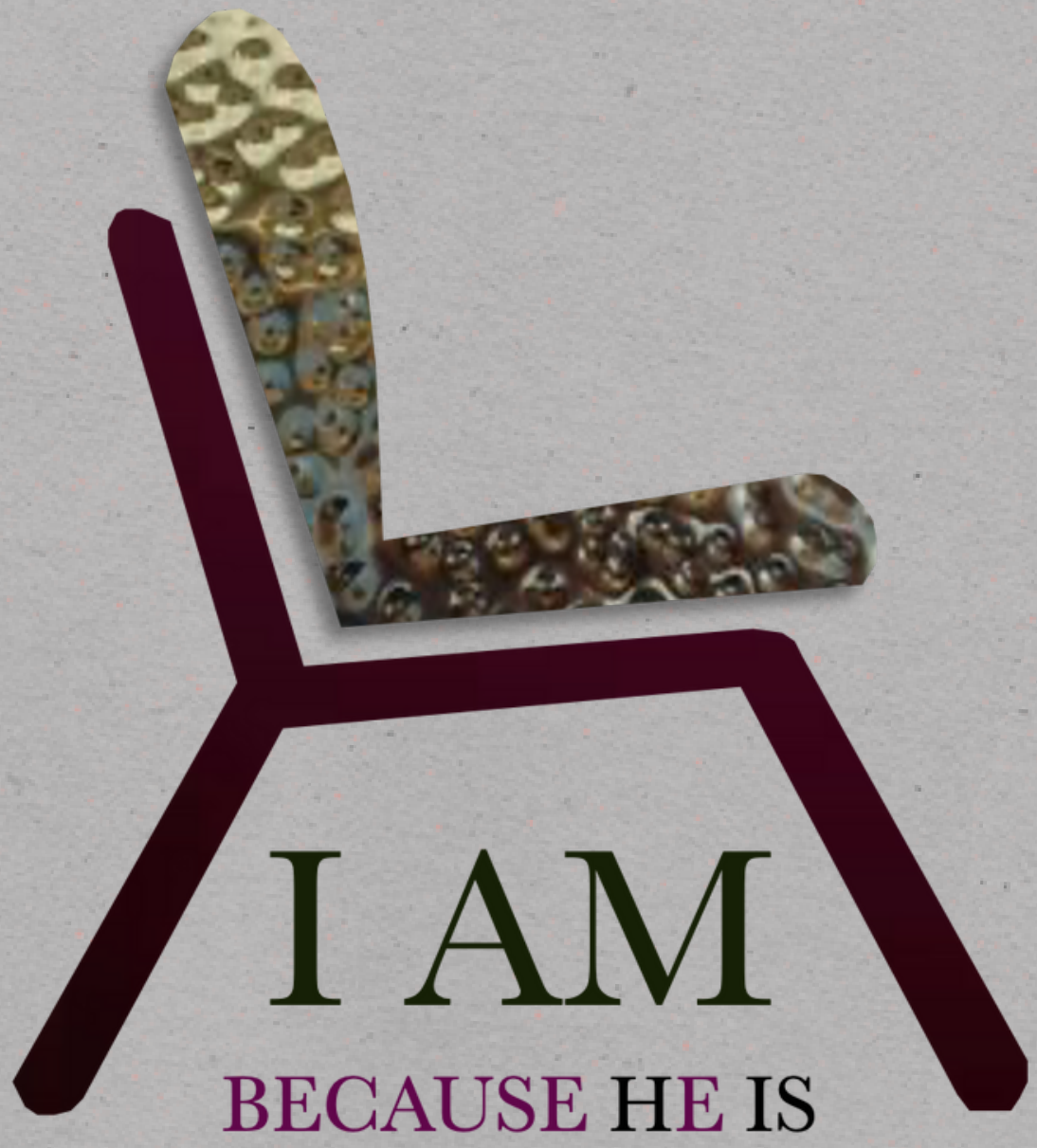


Let us

PRAY






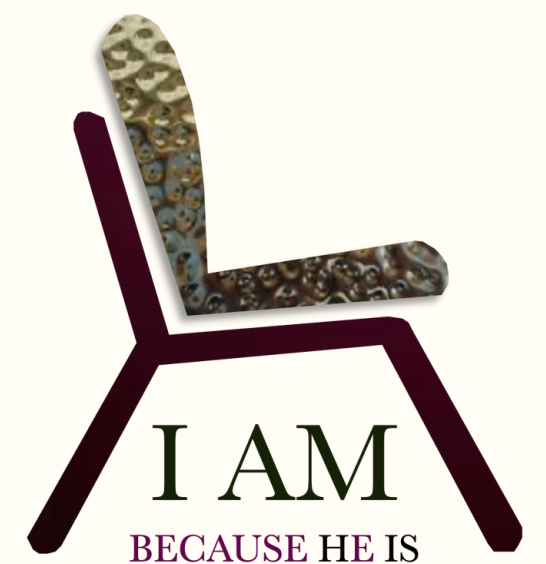
Many years ago:

ANXIETY





In Jesus Name, in Jesus mighty name we
come before you lord to pray about any
anxiety that we may have or be
experiencing.





The word of God

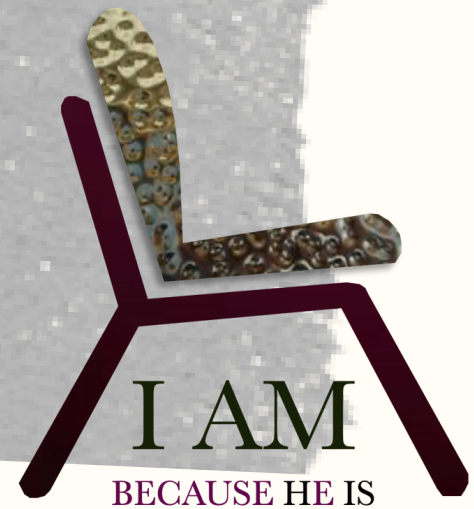
SAYS:



Scripture

Psalm 46:10

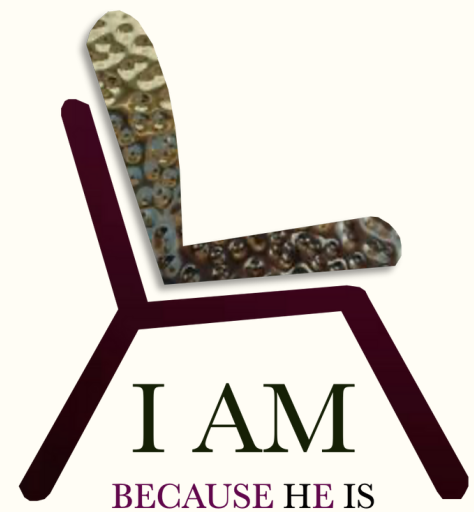
Be still, and know that I am God, I will be exalted among the nations, I will be exalted in the earth.



Prayer Point



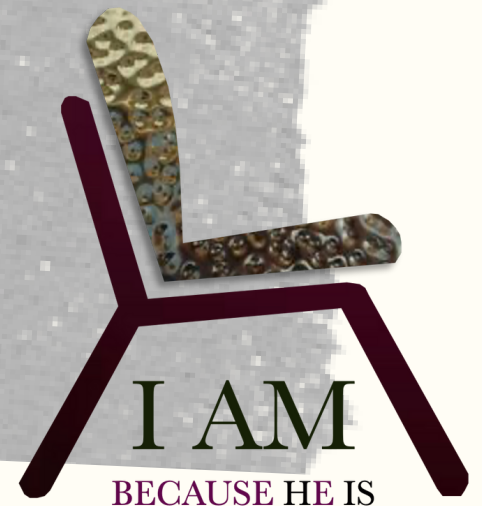
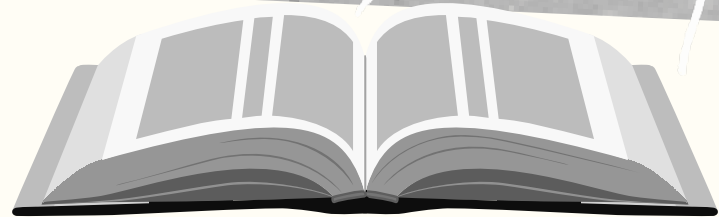
Lord, when I am anxious help me to be still and remember that you are God above all my anxieties, above every situation, above all my cares, my worries and my fears.



Scripture

Matthew 6:25-34

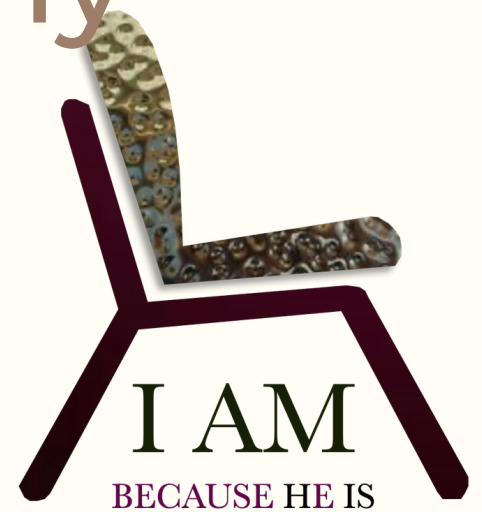
Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life?



Prayer Point



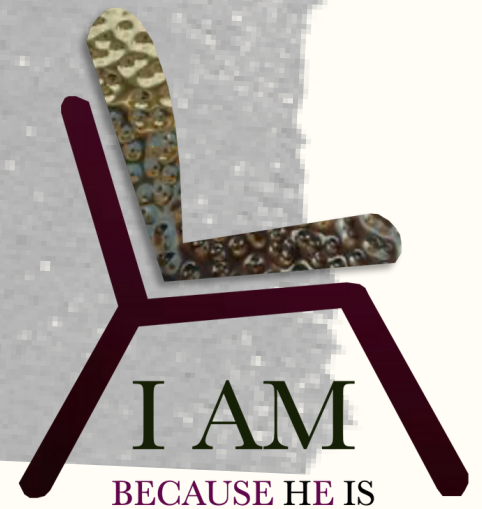
Lord, help me to not be anxious about my life, my relationships, friendships, money, or about my body, because you see me as more valuable and have promised to care and provide for me! remind me that worrying adds nothing to my life



Scripture

Psalm 34:4

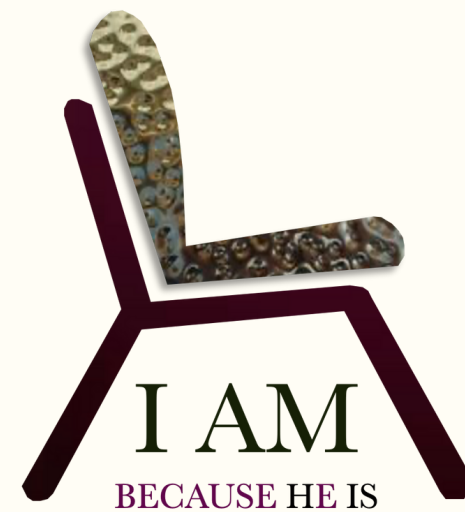
I sought the Lord, and he answered me
and delivered me from all my fears.



Prayer Point



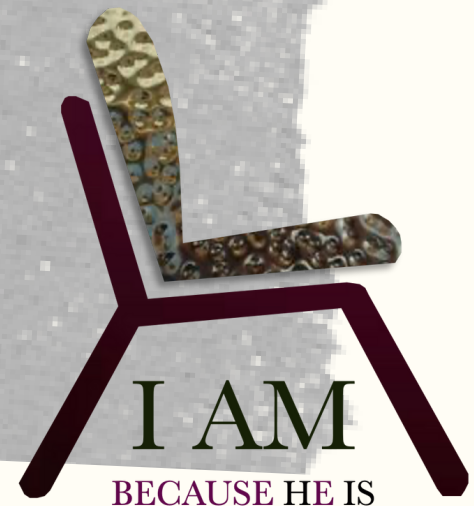
Lord, your word says that if I seek you,
that you will answer and that I will be
delivered from all my fears.



Scripture

Isaiah 41:10

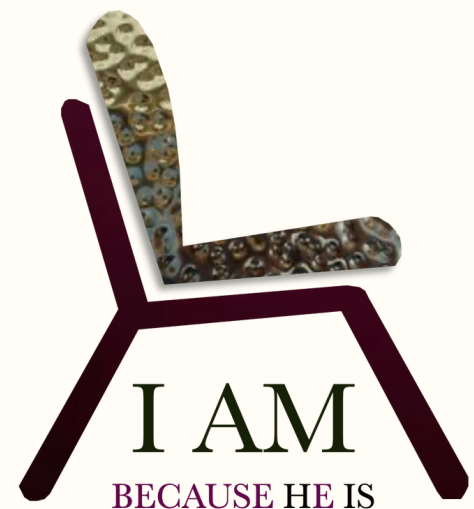
Fear not, for I am with you; be not
dismayed, for I am your God; I will
strengthen you, I will help you, I will uphold
you with my righteous right hand.



Prayer Point



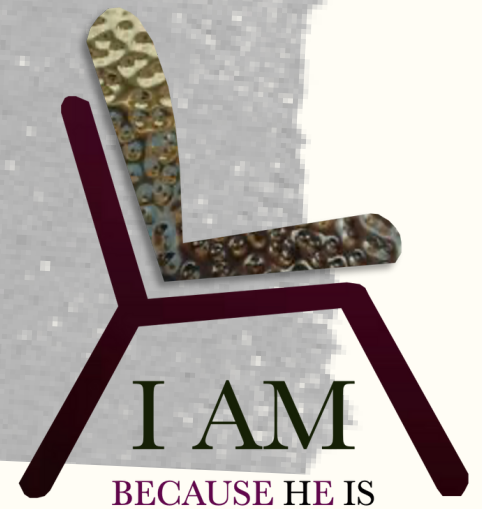
Lord, you said that I should not be afraid because you are with me and that I should not be scared because you are my God. Your word says you will give me strength and help me and lift me up when I am weak.



Scripture

1 Peter 5:7

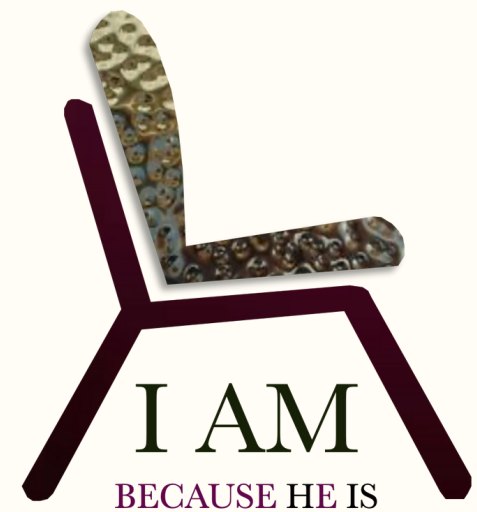
Casting all your anxieties on him, because he cares for you.



Prayer Point



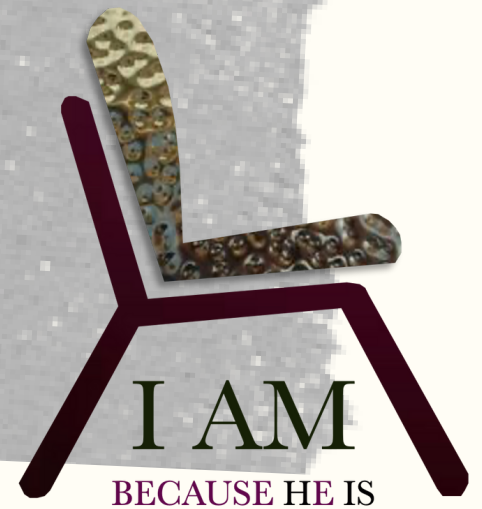
Lord, you said I should push all my cares
anxieties, worries, and concerns, once and
for all on to you because you care about
me, and the things that concern me.
Remind me that I can do this and free
myself daily



Scripture

Philippians 4:6-7

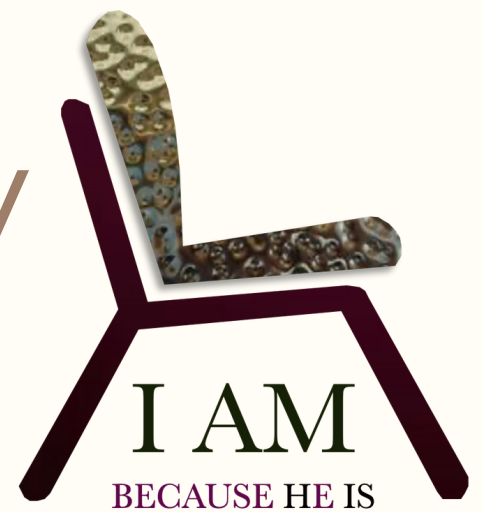
Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.



Prayer Point



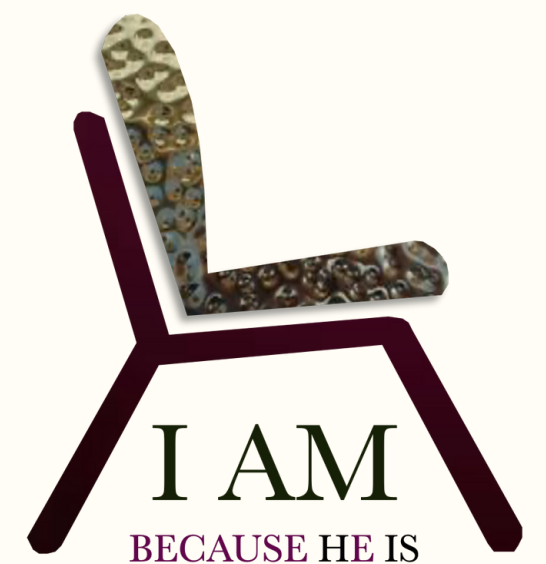
Lord, sometimes I feel anxious and worried but you said in your word that in every circumstance and situation I should pray instead, giving thanks for the things that are good in my life and ask you specifically for the things I want and need in my life that in not having has made me anxious. I look forward to exchanging my anxieties for peace of mind and peace in my heart



May God

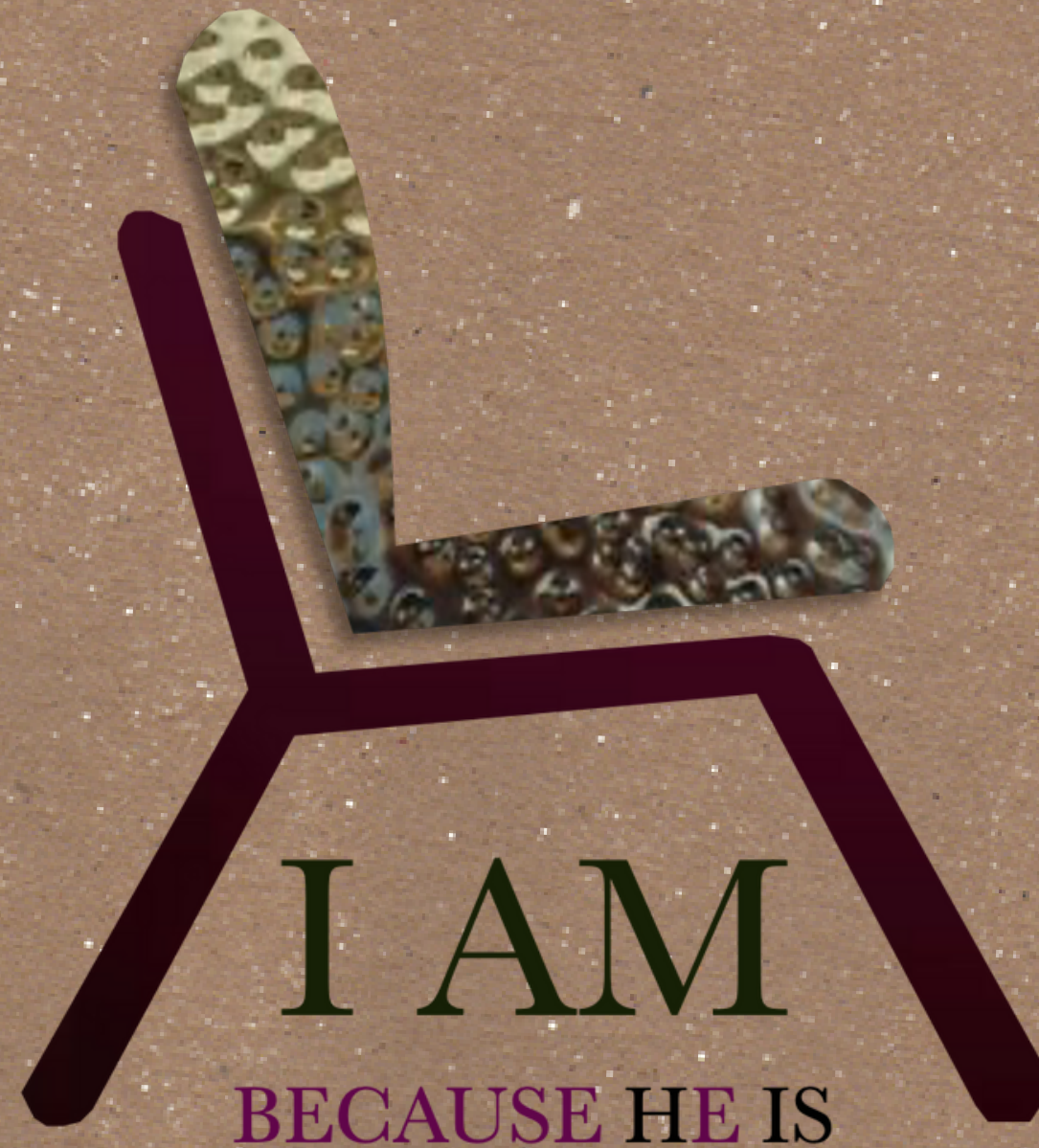
Bless you and
hear your
prayers

XXX



*Prayer request
Completed!*

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